



The biennial joint scientific meeting of the British Hyperbaric Association and the UK Diving Medical Committee  
3-6 November 2021  
**Oban, Scotland**

[Registration](#)

## WELCOME BACK !!



After much discussion it has been decided to press ahead with a physical joint meeting between the British Hyperbaric Association and the UK Diving Medical Committee. The meeting will be hosted by the Oban hyperbaric unit and will run from the 3<sup>rd</sup> to the 6<sup>th</sup> of November 2021.

The meeting will be hybrid in format with options to attend in person or remotely. The physical meeting will be held at the historical Rockfield Centre, which is centrally located in Oban and within easy walking distance of most hotels. It does have its own 'pay and display' car park if travelling by car: [www.therockfieldcentre.org.uk](http://www.therockfieldcentre.org.uk)

## PROGRAMME

- 03 Nov Evening reception
- 04 Nov Diving Medicine - *Fitness to Dive*  
Conference dinner
- 05 Nov Diving Medicine – *Practice, Technology, Research, Medical Management of Diving Disorders*  
Evening reception – The History of Oban's Trans-Atlantic Cable
- 06 Nov HBOT and BHA AGM  
*(a full programme will be published closer to the event)*

## MEETING CONTACT

Jane Sayer - [janesayer223@gmail.com](mailto:janesayer223@gmail.com)

## REGISTRATION DEADLINES

If you are attending in person, the registration deadline is **18<sup>th</sup> October**  
Online attendees must register before **29<sup>th</sup> October**

## COVID-19 SAFETY

Please download our guidance regarding the safeguards in place to reduce COVID-19 risks form [HERE](#).

## ABSTRACTS

The call for abstracts is now open.  
Please download the template [HERE](#)  
Submission deadline is **1<sup>st</sup> October 2021**

## CPD POINTS

CPD points will be applied for from the Faculty of Occupational Medicine.  
Remote or face-to-face participation in the meeting on 4 and 5 November together is confirmed as acceptable for HSE AMED refresher training.

## KEYNOTE SPEAKERS



### Simon Mitchell

Professor of Anaesthesiology, School of Medicine, University of Auckland, New Zealand. Simon is a physician and scientist with specialist training in diving medicine and anaesthesiology. He is also the current editor of the academic journal *Diving and Hyperbaric Medicine*.

Unfortunately, Simon is only able to present remotely owing to NZ COVID restrictions



### Jacek Kot

Head of the Department of Hyperbaric Medicine & Maritime Rescue at the Medical University of Gdańsk, Poland  
Jacek's professional interests include saturation decompression, long decompression after deep bounce dives, HBOT in critically ill patients and HBOT for necrotizing soft tissue infections



### Geoff Loveman

Technical Director of QinetiQ Submarine Escape Rescue Abandonment and Survival research programmes.  
Geoff also advises on the physical and physiological issues pertinent to different escape, rescue, and abandonment systems.

## TRAVELLING TO OBAN

- By Road:** Oban is easily reached from Central Scotland by taking the A82 which skirts the west side of Loch Lomond. Then either via Tyndrum or follow the A83 over the 'Rest and be Thankful' through Inveraray. Both journeys take between 2 and 3 hours. Coach - If you are travelling by coach, you can visit the [Citylink website](#) or phone them on 08705 505050
- By Train:** If you come by train, the journey takes you along the world-famous West Highland Line. ScotRail runs trains six times a day from Glasgow Queen Street Station to Oban (two on Sunday). For times and prices visit the [Scotrail website](#).
- By Air:** Glasgow is the nearest large airport to Oban and is approximately 90 miles away. There are good links from the airport to the train and bus terminals in the city. Hire cars are available. [Please note that the COP26 is hosted in Glasgow 1-12 November]

## OBAN LINKS:

### Accommodation:

[www.visitscotland.com/destinations-maps/oban/accommodation/](http://www.visitscotland.com/destinations-maps/oban/accommodation/)  
[www.oban.org.uk/accommodation/](http://www.oban.org.uk/accommodation/)  
[www.tripadvisor.co.uk/Hotels-g186501-Oban\\_Argyll\\_and\\_Bute\\_Scotland-Hotels.html](http://www.tripadvisor.co.uk/Hotels-g186501-Oban_Argyll_and_Bute_Scotland-Hotels.html)

### Restaurants:

[https://www.tripadvisor.co.uk/Restaurants-g186501-Oban\\_Argyll\\_and\\_Bute\\_Scotland.html](https://www.tripadvisor.co.uk/Restaurants-g186501-Oban_Argyll_and_Bute_Scotland.html)

### Things to do:

[www.visitscotland.com/destinations-maps/oban/](http://www.visitscotland.com/destinations-maps/oban/)  
[www.tripadvisor.co.uk/Attractions-g186501-Activities-Oban\\_Argyll\\_and\\_Bute\\_Scotland.html](http://www.tripadvisor.co.uk/Attractions-g186501-Activities-Oban_Argyll_and_Bute_Scotland.html)  
<http://www.sealife-adventures.com> (Wildlife tours)  
<http://www.diveoban.com> (local diving)